

SATURDAY MORNING 7 January 2017 **START TIME 0800 hrs**

Assemble at the 300-yard car park on the RHS of Century Range

Long Range Practises

This match will be shot each Stage by alternate details

Stage 1 - 500x Harassing Fire

- Distance 500 yards
- Position Prone
- Rounds 2 sighting shots and 10 to count
- Target Triple Fig 11
- Scoring 5 & 4 on the centre target (300mm ring), 2 on the outer targets
- Procedure
 1. Firers have 2 minutes for their sighting shots. After spotting discs have been shown, competitors will be ordered to apply safety catches and stand up.
 2. The targets will make one appearance of 60 seconds.
 3. On appearance of the targets, firers are to adopt the prone position, release safety catches and open fire.
 4. Scores will be recorded and spotting discs shown for 25 seconds.

Stage 2 - 500x – 300x Rundown

- Distance 500x, 400x & 300x
- Position Prone at 500x and 300x; sitting or kneeling at 400x
- Rounds 10 to count
- Targets Triple Fig 11 at 500x & 400x. Fig 12 at 300x
- Scoring 5 & 4 on the centre Fig 11 target and Fig 12, 2 on the outer targets
- Procedure
 1. Firers are to be in the standing alert position with rifles loaded, made ready with safety catches applied.
 2. On appearance of the target for fifteen seconds, firers are to adopt the prone position, release safety catches and fire two rounds. Firers will then be ordered to Make Safe.
 3. The 1 second 'flash' of the targets will be the signal for firers to move to the 400x firing point, adopt the sitting or kneeling position and make ready.
 4. 45 seconds after the 1 sec flash, there will be two 6 second exposures of the Triple Fig 11 target. Firers are to fire two rounds per exposure. Firers will then be ordered to Make Safe.
 5. The 1 second 'flash' of the Fig 12 targets will be the signal for firers to move to the 300x firing point, adopt the prone position and make ready.
 6. 45 seconds after the 1 sec flash, there will be two 6 second exposures of the Fig 12 target. Firers are to fire two rounds per exposure.
 7. Scores will be recorded and spotting discs shown for 25 seconds.

Stage 3 - 300x The Wantage

- Distance 300 yards
- Position Prone
- Rounds 10 to count
- Targets Fig 12
- Scoring 5 & 4
- Procedure
 1. Firers are to be in the prone position with rifles loaded and made ready.
 2. Targets will make ten appearances of three seconds over a frontage of 6ft.
 3. On appearance of the targets, firers are to fire one round per exposure.
 4. Scores will be recorded and spotting discs shown for 25 seconds.

Stage 4 - 300x Sitting, Kneeling or Squatting

- Distance 300 yards
- Position Sitting, kneeling or squatting
- Rounds 10 to count
- Targets Fig 12
- Scoring 5 & 4
- Procedure
 1. Firers are to be in the sitting, kneeling or squatting position with rifles loaded and made ready.
 2. The targets will make five exposures of 6 seconds. Two rounds to be fired per exposure.
 3. Scores will be recorded and spotting discs shown for 25 seconds.

Short Range Practises

This match will be shot each Stage by alternate details

Stage 1 - 200x Bisley Bullet

- Distance 200 yards
- Position Prone
- Rounds 2 sighting shots and 10 to count
- Targets Fig 14 Window
- Scoring 5, 4 & 3
- Procedure
 1. Firers have 2 minutes for their sighting shots. After spotting discs have been shown, firers are to apply safety catches and remain in the prone position.
 2. The target will make ten exposures of 3 seconds over a frontage of 6ft.
 3. Firers will fire one round per exposure.
 4. Scores will be recorded and spotting discs shown for 25 seconds.

Stage 2 - 200x Rapid

- Distance 200 yards
- Position Sitting, kneeling or squatting
- Rounds 10 to count
- Targets Fig 12
- Scoring 5 & 4
- Procedure
 1. Firers are to be in the standing alert position with rifles loaded, made ready with safety catches applied.
 2. The target will make one exposure of 20 seconds followed by one exposure of 15 seconds. On appearance of the target, firers are to adopt the sitting, kneeling or squatting position, release safety catches and engage each exposure with 5 rounds.
 3. Scores will be recorded and spotting discs shown for 25 seconds.

Stage 3 - 100x Snaps

- Distance 100 yards
- Position Standing, kneeling or squatting
- Rounds 10 to count
- Targets Fig 12c
- Scoring 5 & 4
- Procedure
 1. Firers are to be in the standing alert position with rifles loaded, made ready with safety catches applied.
 2. The target will make ten exposures of 3 seconds at irregular intervals over 2 minutes. On each exposure firers are to adopt the standing, kneeling or squatting position and fire one round. Firers must return to the standing alert position in between each exposure.
 3. Scores will be recorded and spotting discs shown for 25 seconds.

Stage 4 - 100x

- Distance 100 yards
- Position Kneeling or squatting and standing
- Rounds 10 to count
- Targets Fig 12c
- Scoring 5 & 4
- Procedure
 1. Firers are to be in the standing alert position with rifles loaded, made ready with safety catches applied.
 2. Targets will make five exposures of 6 seconds.
 3. On the first appearance of the targets, firers are to adopt the kneeling or squatting position and fire two rounds.
 4. Competitors are to remain in the kneeling or squatting position.
 5. On the second appearance of the targets, competitors are to adopt the standing position and fire two rounds.
 6. Competitors are to remain in the standing alert position.
 7. On subsequent appearances of the targets, competitors are to repeat this sequence until all ten rounds have been fired.
 8. Scores will be recorded and spotting discs shown for 25 seconds.